

JULY 12, 2016 WORKSHOP

with Guro Njoli Brown courtesy of Kali MaBi

SELF-DEFENSE KALI STYLE

FIGHT LIKE A GIRL

Prepare for the unexpected
Strengthen heart, mind, and body
Learn the use of improvised weapons
Learn the tenets of awareness and self defense
Understand the legalities of using "self defense"



Register: (646) 770-1263 or martialsciencemb@gmail.com